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Official Newsletter of the NC JCI Senate

#### 2018-2019 EXECUTIVE BOARD

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TREASURER Nick Woods #62735 hickory nick@yahoo.com

SECRETARY Myra Gaddy #66390 mygaddy@yahoo.com

CHAIRMAN OF THE BOARD Aimee Scotton #69448 acscotton15@gmail.com

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# PRESIDENT'S MESSAGE

Fellow Senators.

I wish I had some original words of comfort and encouragement for you during this time but by now we've all heard about the new normal, returning to normal, alone together, etc. However you are coping with the current situation resulting from COVID-19, I hope you are taking care of yourself, both physically and mentally.



By now you have heard that we have cancelled the Senate Homecoming, which has become an annual

tradition at the Boys & Girls Home. We have also changed our Year-End Meeting to a virtual meeting. In addition, the US JCI Senate is currently considering how to handle their Year-End Meeting (after having to cancel the Region IV Calabash Bash).

While this certainly isn't how I wanted our year to end, I am grateful for the opportunity to have served as the NC JCI Senate President this year. I've experienced things I never have before: A Fall Board Meeting in Kansas City, a Winter Board Meeting in Florida and the Greenville Jaycees Shuck n' Pluck! Of course, our annual events were great fun (maybe not as profitable, but fun nonetheless): Sweepstakes and Silent Auction, Football Concessions, Christmas Party and inducting new Senators.

Unfortunately, we lost NC JCI Senators this year and I want to thank our Chaplain, Maria Hicks-Few, for comforting us during those difficult times. I want to thank all our board members for their participation this year and all of our active members for your continued efforts to help the local NC Jaycee chapters thrive while being a part of the JCI Senate fellowship.

My theme for the year was "Sparking Joy." That may seem like a struggle at the moment, but I believe joy and gratitude can be found in the darkest of times. No matter what circumstances we are able to get together in the future, I look forward to seeing you and here's to the joy that will come into our lives this year!

In Senate Spirit, Shannon Foster #67038 **NC JCI Senate President**  May 2020

# Vice President's Comments



Hello Fellow Senators,

I hope everyone is doing well. It was sad not seeing everyone at the Calabash Beach Blast in April.

If you would like to be involved with the 2020 – 2021 Board, please let me know. There are two types of positions – elected or appointed.

The following are elected positions: President, Vice President, Secretary, Treasurer and Regional Directors. Nominations were made for President, Vice President, Secretary, Treasurer, Triad and Triangle Regional Director. The nominations will remain open until the Senate Year-End meeting at the end of May 2020. The open RD positions include West, East, and Sandhills.

The following are appointed positions: First Timers, Return the Favor, Kyle Byrd Memorial Scholarship, Legal Counsel, Photographer, Chaplin, Newsletter Editor, Website Editor, Life Members, Sergeant at Arms and Hospitality. These positions are appointed by the incoming president.

If you are interested in any of these positions, please let me know.

Thank you for your support over this past year as it has been my pleasure to serve the NC JCI Senate Vice President. Stay safe!

Suzanne Gill, #67891 Vice President

Hello Senators! This year has really gone by fast! It's almost renewal time (for some of you)! If I have sent you a recent dues invoice, please take time to fill it out and send your \$25 check (or \$250 for life dues) by May 28, as I have to have June (end of Senate year) renewals in to National by June 1.

I have enjoyed being Treasurer this year, and look forward to seeing you in Greensboro for National Year End Convention!

Nick Woods #62735 2019-20 Treasurer

# Treasurer's Report



# **CHAPLAIN'S REPORT**

Greetings fellow NC JCI Senators,

The outbreak of the Coronavirus Disease 2019 (COVID-19) has been stressful for each and every one of us. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with this unanticipated stress will make you, the people you care about, and your community stronger.



Remember this quote:

You have power over your mind — not outside events. Realize this, and you will find strength. —Marcus Aurelius

Now that we are fully into Spring season lets remember to #transform. The spring season is full of transformations. The temperature rises to a more bearable degree, opposing Mother Nature's last few months of freezing surroundings. The leaves and flowers we saw wilt are now budding into lush, green, picture-perfect plants. Aside from the weather's transformations that occur in the spring season, we are transforming our lives, too. Remember, as we continue to transform that we lend a helping hand to our Jaycee Chapters. As we all know service to humanity is the best work of life. Let us all be encouraged to live life to the fullest and help all those in need.

Please continue to keep the following Senators in your prayers as they have lost loved ones (please keep those we were not made aware of that lost loved ones in your prayers as well):

Angela Yost Sweeney Gay McDonald Brenda Dickerson Jennifer Carter Smith Stacy Hannah Clay Chandler Maria Hicks-Few

Continue to remember our theme for this year #stillblessed. A You never know what your fellow Senators are going through so please send love and warm Jaycee spirit thoughts their way. My goal as Chaplain this year, is to continue to have us thinking outside of the box. Please let me know if there are any Special Congratulations and Good News (weddings, special anniversaries & milestone birthdays, birth announcements - major life accomplishments)\*\*\*\*\*Reminder, this is the area I would love to have you send me news on.



Your Senate Chaplain, Maria Hicks-Few Senator #70376"

# **REGIONAL REPORTS**

REGIONAL DIRECTORS						
MOUNTAINS/FOOTHILLS	PIEDMONT TRIAD	SANDHILLS	Triangle	Tar River/Down East		
Anna Price #71390	Melanie Paschal #70372		Diane Upshaw 68685	Cheryl Carlson #70371		

## Triangle Region Report

Coronavirus can't keep us down. Even though the in-person events have been postponed or cancelled the Jaycees have still been "gathering" and having fun.

Like most chapters the Cary and Raleigh Jaycees have been holding their monthly meeting via Zoom. The Cary Jaycees have held two Music Bingo night and raised more than \$370 the first night and over \$400 the second night for the Boys and Girls Homes of NC. Everyone had so much fun, they may be planning a third round.

The Raleigh Jaycees Scholarship program is proud to announce that the application for the 2020 scholarships is now OPEN! Established in 2003, the scholarship program promotes student achievement for those who have demonstrated leadership development through community service. The address to find out more information is <u>www.raleighjaycees.org/scholarship-info</u>.

The Raleigh Jaycees, Cary Jaycees, Winston-Salem Jaycees, and Greenville Jaycees are hosting NC Junior Chamber Online Olympics on Sat, May 16, 2020 from7:30 PM – 9:00 PM. Join this open and friendly online competition hosted by the North Carolina Jaycees. The competitions will be held on the ZOOM platform, with login credentials available to verified participants. There will several rounds of trivia and Bingo games with prizes available to contestants. Proceeds will go to the Duke Cancer Center. <u>https://www.eventbrite.com/e/nc-junior-chamber-open-online-olympics-tickets-103814929248</u>

On a personal note several weeks ago I was introduced to a term I did not know: Anticipatory Grief. This term is usually used in terms of grief you feel before a love one is about to pass away. This article from an interview with David Kessler, co-author with Dr. Kubler-Ross, of On Grief and Grieving: Finding the Meaning of Grief Through the 5 Stages of Loss. "The main grief we are living through is called anticipatory grief, the feeling we get when we are concerned about what the future holds when we are uncertain. When we are feeling this, the mind goes to the future and imagines the worst which causes anxiety." Learning about this term and its meaning had a positive effect on me. I realized that I was borrowing events from the future that had not happened, i.e. a loved one dying from the virus. I became more grateful for the health of myself and my family. I became more present and grateful of my present circumstance to become less fearful of what is currently happening. Here are some tips for staying in the present.

- Take 3 breaths and 3 exhalations (3 sec. in and 4 sec. out)
- Recognize that nothing you have anticipated has happened. In this moment, you are OK.
- Use your 5 senses to think about what you are smelling, hearing, etc.
- Take 3 breaths and 3 exhalations
- Assess how you feel in this moment

Just keep breathing,

Diane Upshaw 68685



## **Down East Happenings**



With the unprecedented times that we find ourselves in this spring with social distancing and trying to flatten the curve of the COVID-19 pandemic, the JC Chapters in the Down East have remained active and positive.

The Craven County Jaycees took their Bingo knowledge on the road to help provide prizes for a local group holding events at the Gardens of Pamlico facility and the BrookeStone Living Center in Pollocksville. In addition, with the fairgrounds closed, they have been working on repairs and improvements, and as of late April, the balcony repair project has been completed, and the fairway work has started.

The Greenville Jaycees have been busy as well. They held a Zoom chapter meeting and have a text group

going amongst members with a few Senators included. They are staying positive and crazy and dreaming up wild projects and backporch TP drop offs when it was discovered a member had run out. The chapter has been supporting several virtual projects – making of face masks for the local community with various members contributing as their talents emerge with some cutting, some folding and others sewing. In addition, the members are helping to stock a blessing box in Farmville for neighbors needing a blessing,

My thoughts and prayers are with the NC Senators, the NC Jaycees and our community. I look forward to seeing everyone once it is safe again but until then, please reflect and act on the words of President Roosevelt,

#### "Do what you can, with what you have, where you are."

Cheryl Carlson #70371, NC JCI Senate Regional Director





# **Notes from President Shannon Foster:**

### **Until Next Year**

The NC JCI Senate has canceled the Senate Homecoming on May 16. Our annual cookout at the Boys & Girls Home of NC will be rescheduled for 2021.

## Year-End Meeting

We held our NC JCI Senate meeting in Greensboro on February 1. At that time, we opened nominations for the board of directors for 2020-2021. Positions to be elected: President, Vice President, Secretary, Treasurer and Regional Director(s). Nominations will remain open until May 30, 2020. This is the date of our year-end meeting. It will be held virtually and details will be sent out as they become available.

## From Crissie Lewis 2020 National Convention Chair

Hi all, what a crazy couple of months this has been. We are still a go for National Convention in June, we are constantly listening to Governor Cooper, talking to the Hilton representative and talking with Lawrence and Ariel. We should have a better idea around the 22<sup>nd</sup> of May. So we are slowly continuing as if all is normal. We may have smaller numbers but will still have a great time. NC Senate Family ...

Having served as the ticket chair for the past 3 years, I have never seen the only National fundraising effort – the US Senate President Sweepstakes – have such a hard blow to overcome. With the various spring State and Regional Meetings being canceled or moved to virtual meetings, the Sweepstakes is missing out on an joint opportunity of raising about \$8,000.00 in ticket revenue.

Please see the letter below from the Sweepstakes team. As Senators we have been honored with the privilege and "Proud to Be" part of being a part of this amazing organization, and I hope that the NC Senators will once again step up and help like we have for so many other challenges.

#### Thank you!

Cheryl Carlson, NC Senator #70371, US JCI Senate Sweepstakes Ticket Chair 2019-2020

## Presidential Sweepstakes

To all my fellow US JCI Senators:

We hope you and your families are all healthy and safe! We are asking for everyone's help in supporting the Presidential Sweepstakes. Right now, more than ever we need your help and support. As many of the spring meetings and events have been moved to virtual or cancelled all together the Sweepstakes is facing a huge financial deficit in the amount of \$12,000.00. If you have not sent in your tickets please do so today, if you have already sent in your tickets and can do more, please, please do what you can. If you need tickets, please reach out to Cheryl Carlson #70371 @ texdoc@mindspring.com, you can give her a call at 919-218-1298 or to Cathy Wendland #63928 cwendland@msn.com, Cathy is able to accept payment through Zell or PayPal friend to friend, please contact her and she will get you the details on how to do that, you can call her at 602-410-9935. We want to remove any obstacles that would prevent you from supporting this very important cause.

The team is also collecting prizes for this event, if you have not made your commitment, we have added some more incentive and extended the deadline for your commitment to June 15, 2020. If you commit to a prize worth \$100.00 by June 15, 2020 and we ultimately receive your prize you will receive 4 raffle tickets, if you commit to a prize worth \$50.00 by June 15, 2020 and we ultimately receive your prize you will receive 2 raffle tickets. We realize many of you are stuck at home and maybe making too many quilts or knitting too many sweaters and may need an outlet for these items, we love your home made items! Contact George Fields #46096 Pajci46096@yahoo.com or 610-823-6942, he'll handle all the details. Please, please support the Presidential Sweepstakes, first and foremost you are doing it for the organization and all the programs this fundraiser helps to support, if that's not enough do it for President Lawrence and if that's really not enough reason, then do it for the Presidential Sweepstakes team that has worked really hard this year to bring fun and excitement to each and every meeting we have attended along with Frank. This year has truly been an "Epic" adventure the likes of which none of us could have imagined! If you didn't buy a coffee every day this week buy a ticket, cost \$15.00!

If you didn't go out for lunch this week maybe you can buy two tickets, cost \$25.00, if you didn't go to happy hour this week maybe you can buy 4 tickets, cost \$50.00! I'll bet you're still saving money with all this stay at home quarantine. I didn't even bring up how much money you may be saving by not putting gas in your vehicle, you could get even more tickets!

#### Cathy Wendland #63928 Presidential Sweepstakes Chair

Committee members: Donna DeLaney #55560 – Assistant Chair Cheryl Carlson #70371 – Ticket Chair George Fields #46096 - Prize Chair Cheryl France #57391 –Regions Party Chair



#### RETURN THE FAVOR OUTSTANDING JCI SENATOR NOMINATION

	ICI Servers #
JCI SENATOR'S NAME:	JCI SENATE #:
	tion of how the nominated JCI Senator has been a mentor and/or provided
2. Name of Mente	e(s):
Position/Office	:
3. Number of Jay	
4. A brief descrip Senator for Re	tion of why the nominated Senator should be recognized as the Outstanding JC turn the Favor
Attach addit	onal Statement(s) from Jaycee leaders supporting the nominated Senator and how the individual has assisted your Jaycee organization.
SUBMITTED BY:	
JCI-USA ORGANIZATIO	N:
PHONE NUMBER:	E-MAIL:
SUBMIT TO: PROGRA ADDRESS:	M MANAGER EMAIL:

DEADLINES: SEPTEMBER 1, 20	DECEMBER 1, 20	JUNE 1, 20
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ELECTRONIC SUBMISSIONS ARE DUE BY 11:59 PM EASTERN STANDARD TIME BY THE DEADLINE DATES.

To:All StaffFrom:Gary Faircloth, President/CEODate:April 27, 2020

As you all are aware, my wife, Betty, has been going through health challenges the past couple of years as a result of a diagnosis and treatment for breast cancer. On February 13, 2020 a neurologist performed an MRI which identified that one of the cells from the breast cancer had metastasized in the brain resulting in a tumor on the inside of her brain stem. On February 14<sup>th</sup> Betty underwent a 10-hour surgery to remove the tumor. This was done somewhat successfully but did leave about 10% of the tumor to be cleaned up with five follow-up radiation treatments. After spending about a month in rehabilitation Betty is now in the Progressive Care Unit at Grand Strand Regional Medical Center being treated for pneumonia while being supported by oxygen.

I share the above information with you for two reasons:

- (1) Please continue to pray for God's healing for Betty
- (2) Whenever Betty is released from the hospital, I need to place her care as my top priority. It is for this reason that I am announcing to you today that I will be officially retiring from Boys and Girls Homes of North Carolina, Inc. on October 31, 2020.

Working with each of you in service to children these past 12 years has been an amazing privilege. It has been such a pleasure to be able to "come back home" and try to help children in the same way I was helped when I was a resident at Boys and Girls Homes. God has truly blessed me with this opportunity.

I announced my retirement to the Board of Trustees this past Saturday at the Board meeting. As a result, the Trustees appointed a Search Committee to immediately start the search for my replacement. I am sure candidates will be interviewed both on the inside and outside of the organization.

Thank you once again for all that you do to help children be safe and discover their greatness. I look forward to our remaining time together.

Gary Faircloth President/CEO